CLAIMS

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- A bicycle saddle having a seat portion spaced apart with load supporting surfaces characterized in that it includes a nose portion (9) extending forwardly from the seat portion (2) between the supporting surfaces and which is longitudinally flexible and laterally rigid.
- 2. A bicycle saddle as defined in claim 1 characterised in that the nose portion (9) is resiliently connected to the seat portion (2).
 - 3. A bicycle saddle as defined in claim 2 characterised in that the connection is provided by a spring plate (4) extending between the nose portion (9) and seat portion (2).
 - 4. A bicycle saddle as defined in claim 2 characterised in that the connection provides a hinge between the nose portion (9) and seat portion (2).
 - 5. A bicycle saddle as defined in claim 2 characterized in that the resilience is provided at least in part by a tension spring (10) between the nose portion (9) and seat portion (2).
 - 6. A bicycle saddle as defined in claim 5 characterised in that adjustment means (11) are provided to vary the tension in the spring.
 - 7. A bicycle saddle as defined in claim 6 characterised in that the adjustment means is a screw (11) engaging one end of the tension spring (10).

- 8. A bicycle saddle as defined in any one of claims 3 to 7 characterised in that the spring plate (4) is secured to the under surfaces of the nose portion (9) and seat portion (2) and forms the hinge between these portions.
- 9. A bicycle saddle as defined in any one of the preceding claims characterized in that the end of the nose portion (9) contiguous to the seat portion (2) is rebated into the seat portion.
- 10. A bicycle saddle as defined in claim 1 in which the saddle components are integrally moulded from synthetic resin materials.
- 11. A bicycle saddle substantially as described and illustrated in Figures 1 to 3, 4 and 5 or 6 and 7.

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